

JR. LIFEGUARD

8 WEEK SUMMER PROGRAM
AGES: 10-14 YEARS



This program offers a great opportunity for youngsters to spend quality time with ARC trained lifeguards and become CPR certified!.

WATER POLO

AGES: YOUTH AND MASTERS

We aim to offer competition, a fantastic workout, and community through the sport of water polo.



SWIM LESSONS
AGES: YOUTH AND ADULT

MASTER SWIM AGES: 16+

We are a group of competitive, recreational, and fitness swimmers, ages 18 and over. We swim for life

POOL INFORMATION

DAILY ADMISSION FEES ARE FOR
OPEN/LAP SWIM AND SPECIAL EVENTS.

YOUTH (3-18): \$3
ADULTS (18+): \$4

For open and lap swim times, pool rules and restrictions, and the monthly pool schedule please visit our website or scan the code below.



**SIGN UP AND JOIN
US TODAY!**



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