

Johnston Community Education

Game Rules

-For Grades K-1 Boys & Girls



This is an “entry level” clinic. The purpose of this clinic is to teach the basics of the sport, and to develop an interest in basketball. Emphasis is on basic skills and team play.

1. Basket height should be at 8 ft. Size 27.5” basketballs are used. Jerseys need to be brought and worn at each practice/game. Games are played cross-court on the side hoops. Seating is limited.
2. Game Days- Each team is allowed a warm-up. Running Clock. Clock will stop every 5 minutes for subs and then will allow them to match up. No score will be kept.
3. Timeouts are only allowed if needed (if teams are short players).
4. Fouls are taken out of bounds towards the top of the key (Not under the basket). Coaches must talk to players or take them out if excessive fouling occurs. No fouls are kept. Coaches can sub a player out if too many fouls occur.
5. A tip ball starts the game. Alternate possession after.
6. Equal playing time is required. Coaches set their line-ups and subs will be brought in every 5 minutes.
7. No full court defense allowed at any time. If the defense steals the ball before the offense reaches half court the ball will be returned to the offense. If a team is having problems moving the ball closer to the basket, the opposing coach will be asked to pull back the defense inside the lane.
8. Steals can only be made on the pass, not off the dribble. Kids must move their feet without reaching in. Block shots are allowed.
9. No zone defense, or double-teaming. Man-to-man defense. **Please do not teach the kids to tie up the ball each time for a jump ball.
10. Coaches may stop play for instructional purposes and they can be on the court but out of the way.

**SPORTSMANSHIP IS STRESSED AMONG PLAYERS,
COACHES, AND FANS.**