## School Counseling NEWSLETTER

## Meet Your School Counselors:

All 6th and 7th grade students have access to their school counselor through individual meetings, small groups, and Dragon Time lessons. Student roster assignments are divided alphabetically by last name. Please see your student's assigned school counselor below.

## September Lesson Focus:

Introduction to School Counselors

Mindset



Mrs. Heston (A-G)



Miss De Moss (H-N)



Mrs. Brock (0-Z)

## **How to Contact Us:**

Students can refer themselves to their school counselor by scanning the QR code to the right and completing the Student Referral Form.

Families can reach school counselors through a phone call or email:

lauren.gallo-heston@johnston.k12.ia.us brianna.demoss@johnston.k12.ia.us shannon.brock@johnston.k12.ia.us