

February 2024

7th to 8th grade scheduling was a success! 7th graders were able to meet with their JMS counselor and complete the scheduling process. You can access scheduling/transition information at this website: [JMS Counseling Website](#). If you have any questions regarding the 8th grade transition process please reach out to your student's JMS counselor:

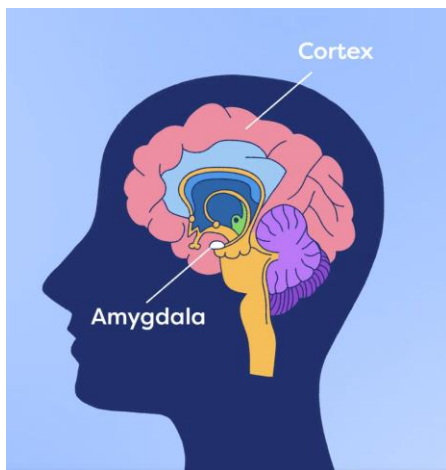


Kayla Lunn (A-G)

Abbey Moomaw (H-N)

Carlie Fitzgerald (O-Z)

6th to 7th grade scheduling will begin towards the end of February. Scheduling/transition Information will be sent out via parentsquare to 6th grade parents and students.



The **counselor dragon time lessons** in February will be focused on Thoughts, Emotions and Decisions. Students will learn to recognize strong emotions and unhelpful thoughts. Students will learn how to apply strategies to manage emotions and reduce stress. If you would like to follow along with your student's learning, please reach out to your student's school counselor.



Join us in celebrating National School Counseling Week this February 5-9 sponsored by the American School Counselor Association (ASCA). This year's theme highlights the impact school counselors can have in helping students achieve school success through a standards-based and student-focused approach. Summit school counselors feel grateful for the opportunity to work closely together as a team to partner with your family as we continue to foster your student's growth!