

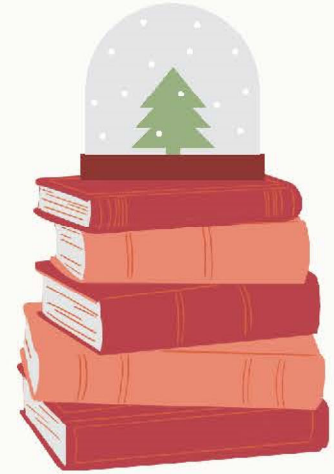
# Counselor Corner

December 2024

## What We Learned

During the month of November, we learned about how to “grow your brain”, develop a “growth mindset”, persevering through mistakes and failures as well as awarding teachers with Above and Beyond Awards from our students.

All Summit students will expand their knowledge about “SMART goals” throughout the month of December.



## Resources

- **Virtual Calming Room:** This site has lots of tools and strategies to help manage emotions positively: <https://virtualcalmingroom.net/>
- **Grief Support:** Check out Hamilton Funeral Home’s updated Community Resource Booklet- <https://assets.hamiltonsfuneralhome.com/November-2024-Community-Resource-Book.pdf?v=1728937739>

## Reminders

As the weather begins to get colder, please send your student with hats, gloves, and coats for recess. If you are needing any assistance with these items please consider reaching out to the Johnston Partnership at [johnstonpartnership.org](http://johnstonpartnership.org). The Partnership has other services available which can be found on their website.

## Counselor Contacts

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