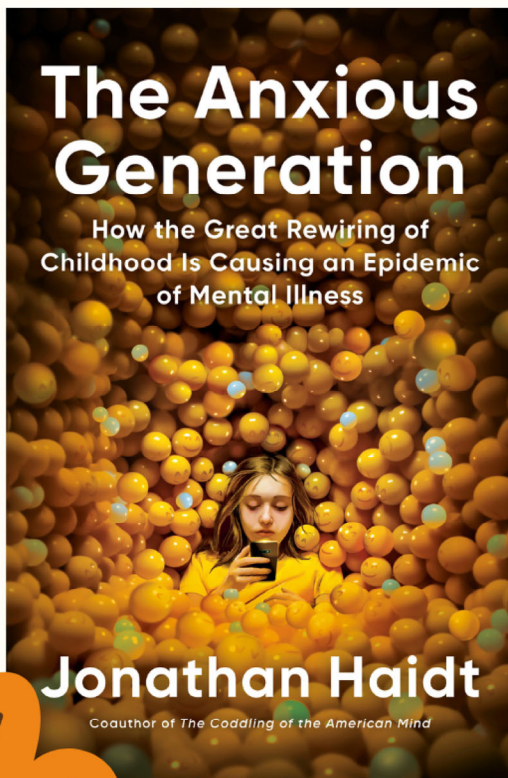


# COUNSELOR CORNER

OCTOBER  
2024

## Monthly Book Recommendation:

A “must read” and bestseller: a look into how cell phones, technology, and social media have impacted our youth as it pertains to mental health. Haidt offers realistic advice and plans for parents and educators on how to best support our youth.



## SMS School Counseling Website:

Scan the QR Code below to...

- Meet Summit's school counseling team.
- Follow along with Dragon Time lessons.
- Discover clubs offered at SMS.
- Find additional resources!



## Upcoming Lessons

- Mindsets and Behaviors
- Transitions/Worries
- Above and Beyond Awards
- Identifying Resources