## **April 2024**

March counselor lessons included learning about calm down strategies and how emotions influence decision making. Students generated a list of various calm down strategies that are helpful to them. Here is a wordle of the calm down strategies that students find most helpful.



Counselors visited with all 6th grade students regarding scheduling for next year. If you are questioning whether or not your student chose related arts classes for next year please contact their counselor with questions:

A-G- Lauren Heston

H-N- Bri De Moss

O-Z- Shannon Brock