



Health Kindergarten

1.0 Students will comprehend concepts related to health promotion and disease prevention.

- 1.1 Recognize feelings and appropriate ways to express them.
- 1.2 Define friendship and knows ways to be a good friend.
- 1.3 Describe how germs get into food.
- 1.4 Identify healthy snacks.
- 1.5 Knows the importance of healthy eating practices.
- 1.6 Name and describe the five senses.

2.0 Students will demonstrate the ability to access valid health information and health- promoting products and services.

- 2.1 Knows how to take basic care of teeth.
- 2.2 Define drug and medicine.
- 2.3 State one reason why drugs are bad for your health.
- 2.4 Recognizes healthy choices.

3.0 Students will demonstrate the ability to practice health-enhancing behaviors and reduce health risks.

- 3.1 Identify 6 ways to show good character
 - 3.2 Recognize different kinds of families.
 - 3.3 Identifies ways families change.
 - 3.4 Identify strangers and possible dangers.
 - 3.5 Describe common ploys anyone might use.
 - 3.6 Name safe persons to go to for help.
- Knows bus safety rules.
Knows and practices school emergency procedures.
Knows difference between good and bad touching.

4.0 Students will analyze the influence of culture, media, technology and other factors on health.

- 4.1 Recognize influences on food choices.

5.0 Students will demonstrate the ability to use interpersonal communication skills to enhance health.

5.1 Name the four basic emotions.

6.0 Students will demonstrate the ability to use goal setting and decision making skills to enhance health.

6.1 Demonstrate skills for making wise decisions in school building and recess.

7.0 Students will demonstrate the ability to advocate for personal, family and community health.

7.1 Describe how individual actions can improve the environment.

7.2 Identifies ways to maintain a clean, safe, classroom environment.

7.3 Knows ways to help the Earth.

7.4 Introduce vocabulary recyclable and non-recyclable.