



Fundamentals in Family & Consumer Science High School

1.0 Integrate multiple life roles and responsibilities in family, career, and community roles and responsibilities.

- 1.1 Demonstrate transferable and employability skills in community and workplace settings.
- 1.2 Examine potential career choices to determine the knowledge, skills, and attitudes associated with each.
- 1.3 Demonstrates job seeking and job keeping skills.
- 1.4 Demonstrate work ethics and professionalism.

2.0 Evaluate management practices related to the human, economic, and environmental resources.

- 2.1 Demonstrate management of financial resources to meet the goals of individuals and families across the life span.
- 2.2 Examine the need for personal and family financial planning.
- 2.3 Apply management principles to individual and family financial practices.

9.0 Integrate knowledge, skills, and practices required for careers in food science, dietetics, and nutrition.

- 9.1 Evaluate nutrition principles, food plans, preparation techniques, and specialized dietary plans.
- 9.2 Appraise and interpret nutritional data.

11.0 Integrate knowledge, skills, and practices required for careers in housing, interiors, and furnishings.

- 11.1 Evaluate housing decisions in relation to available resources and options.
- 11.2 Determine the effects that the principles and elements of design have on aesthetics and function.
- 11.3 Demonstrate blueprint reading, and space planning skills required for the housing, interiors, and furnishings industry.
- 11.4 Arrange furniture placement with reference to principles of design, traffic flow, activity, and existing architectural features.

14.0 Demonstrate nutrition and wellness practices that enhance individual and family well-being.

- 14.1 Evaluate the nutritional needs of individuals and families in relation to health and wellness across the life span.

14.2 Research the relationship of nutrition and wellness to individual and family health throughout the life span.

14.3 Demonstrate ability to acquire, handle, and use foods to meet nutrition and wellness needs of individuals and families across the life span.

14.4 Demonstrate ability to select, store, prepare, and serve nutritious and aesthetically pleasing foods.

15.0 Evaluate the impact of parenting roles and responsibilities on strengthening the well-being of individuals and families.

15.1 Analyze roles and responsibilities of parenting.

15.2 Examine expectations and responsibilities of parenting.

15.3 Determine societal conditions that impact parenting across the life span.

16.0 Integrate knowledge, skills, and practices required for careers in textiles and apparel.

16.1 Evaluate fiber and textile materials.

16.2 select appropriate procedures for care of textiles products.

16.3 Demonstrate skills needed to produce, alter, or repair textiles products and apparel.

16.4 Use a variety of equipment, tools, and supplies for apparel and textiles construction, alteration, and repair.