



Exploring Parenting High School

12.0 Analyze factors that impact human growth and development.

- 12.1 Analyze principles of human growth and development across the life span.
- 12.2 Examine physical, emotional, social, and intellectual development.
- 12.3 Analyze conditions that influence human growth and development.
- 12.4 Investigate the impact of heredity and environment on human growth and development.
- 12.5 Examine the effects of gender, ethnicity, and culture on individual development.
- 12.6 Analyze strategies that promote growth and development across the life span.
- 12.7 Examine the role of nurturance on human growth and development.

14.0 Demonstrate nutrition and wellness practices that enhance individual and family well-being.

- 14.1 Demonstrates ability to acquire, handle, and use foods to meet nutrition and wellness needs of individuals and families across the life span.
- 14.2 Apply various dietary guidelines in planning to meet nutrition and wellness needs.

15.0 Evaluate the impact of parenting roles and responsibilities on strengthening the well-being of individuals and families.

- 15.1 Analyze roles and responsibilities of parenting.
- 15.2 Examine parenting roles across the life span.
- 15.3 Examine expectations and responsibilities of parenting.
- 15.4 Explain cultural differences in roles and responsibilities of parenting.
- 15.5 Evaluate parenting practices that maximize human growth and development.
- 15.6 Choose nurturing practices that support human growth and development.
- 15.7 Assess common practices and emerging research about discipline on human growth and development.
- 15.8 Analyze physical and emotional factors related to beginning the parenting process.
- 15.9 Examine biological processes related to prenatal development, birth, and health of child and mother.
- 15.10 Consider the emotional factors of prenatal development and birth in relation to the health of the parents and child.