



Family & Consumer Science Seventh Grade

Career, Community, and Family Connections

- 1.0 Integrate multiple life roles and responsibilities in family, career, and community roles and responsibilities.
- 1.1 Demonstrate transferable and employability skills in community and workplace settings.
- 1.2 Examine potential career choices to determine the knowledge, skills, and attitudes associated with each.
- 1.3 Apply communication skills in community and workplace settings.
- 1.4 Demonstrate teamwork skills in community and workplace settings.

Consumer and Family Resources

- 2.0 Evaluate management practices related to the human, economic, and environmental resources.
- 2.1 Demonstrate management of individual and family resources, including food, clothing, shelter, health care, recreation, and transportation.
- 2.2 Examine how individuals and families make choices to satisfy needs and wants.

Housing, Interiors and Furnishings

- 11.0 Integrate knowledge, skills, and practices required for careers in housing, interiors, and furnishings.
- 11.1 Demonstrate computer-aided drafting design, blueprint reading, and space planning skills required for the housing, interiors, and furnishings industry.
- 11.2 Create floor plans, using computer design software.
- 11.3 Demonstrate design ideas through visual presentation.
- 11.4 Prepare renderings, elevations, and sketches, using appropriate media.

Human Development

- 12.0 Analyze factors that impact human growth and development.
- 12.1 Analyze principles of human growth and development across the life span.
- 12.2 Examine physical, emotional, social, and intellectual development.
- 12.3 Analyze strategies that promote growth and development across the life span.
- 12.4 Examine the role of nurturance on human growth and development.

Nutrition & Wellness

- 14.0 Demonstrate nutrition and wellness practices that enhance individual and family well-being.

- 14.1 Evaluate the nutritional needs of individuals and families in relation to health and wellness across the life span.
- 14.2 Assess the effect nutrients on health, appearance, and peak performance.
- 14.3 Demonstrate ability to acquire, handle, and use foods to meet nutrition and wellness needs of individuals and families across the life span.
- 14.4 Apply various dietary guidelines in planning to meet nutrition and wellness needs.
- 14.5 Demonstrate ability to select, store, prepare, and serve nutritious and aesthetically pleasing foods.
- 14.6 Evaluate factors that affect food safety, from production through consumption.
- 14.7 Determine conditions and practices that promote safe food handling.
- 14.8 Evaluate the impact of science and technology on food composition, safety, and other issues.
- 14.9 Determine the impact of technological advances on selection, preparation, and home storage of food.

Textiles and Apparel

- 16.0 Integrate knowledge, skills, and practices required for careers in textiles and apparel.
- 16.1 Evaluate fiber and textiles materials.
- 16.2 Determine performance characteristics of fiber and textiles.
- 16.3 Select appropriate procedures for care of textiles products.
- 16.4 Demonstrate skills needed to produce, alter, or repair textiles products and apparel.
- 16.5 Use a variety of equipment, tools, and supplies for apparel and textiles construction, alteration, and repair.
- 16.6 Explore current technology and trends that facilitate design and production of textiles products and apparel.